



BREAKFAST

WATERMAN BREAKFAST BURRITO

Made with our delicious housemade bacon jam
2 eggs, roasted potatoes, and shredded cheese,
rolled in a flour tortilla
Vegetarian—add avocado

BREAKFAST SANDWICHES

Served on an english muffin

Classic Egg, sausage and cheddar

Vegetarian Egg, pesto and swiss

Pesto Egg, ham, pesto and Swiss

BREAKFAST BAGELS

Served on a plain, everything or gluten-free bagel

Pesto Egg, pesto, turkey and cream cheese

Vegetarian Egg, avocado spread, hummus and cream
cheese

Waterman's Egg, bacon jam, turkey and cheddar

3-EGG FRITTATAS

The Caveman Sausage, bacon, potato and broccoli

The Greek Sun-dried tomato, feta, artichoke heart,
bell pepper

BELGIAN WAFFLE

Served with fresh fruit and your choice of syrup or Nutella
Regular or gluten free • Real maple syrup available

HOUSEMADE GRANOLA

Gluten-free blend of oats, maple syrup, pumpkin seeds,
sunflower seeds, chia seeds, brown sugar and olive oil;
served with fresh fruit

Top with your choice of Greek yogurt, acai berry mix,
milk, almond milk, coconut milk or soy milk
12oz or 8oz

YOGURT CUP

Plain yogurt, fresh fruit and maple syrup

**we use brown cage-free eggs in all our breakfast items*

LUNCH

WRAPS

Served with tortilla chips

T- Bird

Turkey, Swiss, cranberry-chai jam, Dijon mustard, lettuce

Italian Stallion

Ham, salami, shredded parmesan, pepperoncini relish,
Italian seasoning, lettuce, oil and vinegar dressing

Turkey Bacon Caesar

Turkey, bacon, shredded parmesan, lettuce and
Caesar dressing

Tuna

House made mayo-free tuna salad with lettuce
(mayo is available—please ask)

Veggie

Hummus, cabbage, carrots, lettuce, red bell pepper,
avocado and cheese

HOT PANINI

*Pressed sandwiches, served with tortilla chips
Gluten free available*

Ultimate Cheese Cheddar, Swiss and Brie

Add bacon jam

Turkey, Pesto & Swiss

Ham, Apple & Brie

SALADS

Caesar

Lettuce, shredded parmesan, dressing
Add turkey or bacon

Garden

Lettuce, carrots, cabbage, bell pepper, balsamic vinaigrette
Add turkey or bacon

Tuna

Lettuce, tuna salad, shredded carrots, shredded cabbage

CHEESE QUESADILLA

Flour tortilla and shredded cheese
Served with tortilla chips and salsa